

Please fill out this form completely and accurately. Do not leave any questions blank. If you are unsure of how to answer a question, write that down. If a question does not apply, then put "N/A". The completed form can be scanned and emailed to the following email address: [info@txphp.texas.gov](mailto:info@txphp.texas.gov). If you prefer, you can fax or mail the completed form using the contact information listed below.

You will be contacted within 5 working days after sending us your self-report. If you have not been contacted by then, please call the TXPHP at (512) 305-7462.

*All records and information maintained by the TXPHP are confidential under Sec. 167.010 of the Medical Practice Act and are not subject to disclosure except as otherwise stated therein.*

### Texas Physician Health Program (TXPHP)

1801 Congress Ave, Suite 9-500

Austin, TX 78701

Phone: (512) 305-7462

Fax: (512) 463-0216

### Self-Report Form

Date: \_\_\_\_\_

**I am self-reporting the following (check all that apply):**

Substance Use and/or Addiction ☐ Mental Health Condition ☐ Physical Illness ☐

Do you hold a license from the Texas Medical Board (TMB) or an advisory board for the TMB? **Yes/No** (select one)

If yes, what is your license number: \_\_\_\_\_

If no, do you have a pending application with the TMB? **Yes/No** (select one)

If you do not have a license or a pending application, do you plan to apply for a license with the TMB in the future? **Yes/No** (select one)

If yes, please explain when you plan to apply. If no, please explain why you are self-referring to TXPHP:

\_\_\_\_\_  
\_\_\_\_\_

I am self-reporting to TXPHP because of the following issue(s):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Did anyone encourage you to make this self-report? **Yes/No** (select one)

If yes, who? \_\_\_\_\_

\_\_\_\_\_

Do you consent to have the TXPHP reach out to this person(s) to gather additional information about your self-referral? **Yes/No** (select one)

**Personal Data:**

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Professional degree or license (MD/DO/PA or "other"): \_\_\_\_\_

Medical specialty/practice: \_\_\_\_\_

Other licenses held (other state, country, etc.): \_\_\_\_\_

Preferred mailing address for TXPHP communications:

\_\_\_\_\_  
\_\_\_\_\_

Preferred telephone number(s) for contact by TXPHP:

Cell: \_\_\_\_\_

Home: \_\_\_\_\_

Work: \_\_\_\_\_

Email Address \_\_\_\_\_

I grant permission to TXPHP to communicate with me via email. **Yes/No** (select one)

**Background Information:**

I **have/do not have** (select one) legal charges pending against me. If applicable, here are details on charges that are or may be pending: \_\_\_\_\_

\_\_\_\_\_

I **have/do not have** (select one) a pending complaint or open investigation with the TMB. If applicable, here are details: \_\_\_\_\_

\_\_\_\_\_

I hold a medical (professional) license in the following states: \_\_\_\_\_

I **have/have not** (select one) had my license suspended or revoked. If so, please explain: \_\_\_\_\_

\_\_\_\_\_

I **am/am not** (select one) currently involved in ongoing investigations by any state licensing board. If so, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I **am/am not** (select one) currently involved in any malpractice actions. If so, please explain: \_\_\_\_\_

\_\_\_\_\_

I **am/am not** (select one) currently involved in any other legal actions. If so, please explain: \_\_\_\_\_

\_\_\_\_\_

My DEA status is **Active/Surrendered/Other** (select one). Include dates of surrender. If other, explain, e.g., in training and use institutional license. \_\_\_\_\_

Provide a statement which contains:

- 1) A description of any incident that may have resulted in a breach of the standard of care that occurred during a period of impairment or,
- 2) If no breach of the standard of care may have occurred, a statement that no breach of the standard of care occurred.

I **am/am not** (select one) currently under investigation by a peer review or wellness committee. If applicable, here are the details (allegations, any action taken, etc.) and the name and address of the entity conducting the inquiry: \_\_\_\_\_

I **am/am not** (select one) currently practicing/working. If applicable, here are the details (solo, group, institutional, etc.) and the practice address: \_\_\_\_\_

I **do/do not** (select one) participate in another state's Physician Health Program. If applicable, here are the states: \_\_\_\_\_

I understand that answering "YES" to any of the statements below may preclude TXPHP from assisting me:

- This self-report includes a violation of the standard of care as the result of drugs or alcohol. **Yes/No** (select one)
- This self-report includes committing a boundary violation with a patient or a patient's family. **Yes/No** (select one)
- This self-report includes being convicted of, or placed on deferred adjudication, community supervision or deferred disposition for a felony? **Yes/No** (select one)

### **Section A**

**Please complete for substance use and/or addiction.**

Please list substance of choice and method of ingestion (oral, IV, smoking, intranasal, etc.): \_\_\_\_\_

Please list substances that have been used and methods of ingestion (oral, IV, smoking, intranasal, etc.): \_\_\_\_\_

Please list approximate dates of intemperate use: \_\_\_\_\_

The extent of intemperate use for all substances (include info on usage, frequency of use, dosage):

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I **have/have not** (select one) been admitted into a treatment facility for substance use. If applicable, here are the details on the treatment facility, dates, and when I completed treatment: \_\_\_\_\_

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I **am/am not** (select one) under current monitoring for substance use. If applicable, here are the details including the name of monitoring entity, date monitoring began, and frequency of testing: \_\_\_\_\_

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I **am/am not** (select one) a member of a mutual assistance group such as AA/NA.

My sobriety date is: \_\_\_\_\_

Any additional information you feel is important to share with TXPHP: \_\_\_\_\_

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### **Section B**

**Please complete for medical conditions, including mental health condition and physical illness.**

List all diagnoses, including date each diagnosis was made: \_\_\_\_\_

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Treating physician names and addresses:

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My assessment of severity of my condition and a description of any impact on ability to practice within my profession and my specialty:

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Dates of any hospitalizations or treatment programs over the past five years and a description of the treatment:

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Current treatment for condition (include medications with dosage, therapy, etc.): \_\_\_\_\_  
\_\_\_\_\_

Any additional information you feel is important to share with TXPHP: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date